SafeTALK
Tell, Ask, Listen, and KeepSafe

Nā Kia`i O Ke Ola (Guardians of Life)
Suicide Prevention Program at UH Hilo invites you to
attend the upcoming SafeTALK Training:

When: Monday November 16th
Time: 12 – 4 PM
Place: Campus Center 306, UH Hilo

This training will prepare you to recognize and support a person with thoughts of suicide. You will become a SafeTALK-trained suicide alert helper with skills to move beyond the common tendency to dismiss or avoid suicide. You will learn how to recognize a person with thoughts of suicide and how to properly connect the person to first aid and intervention caregivers.

Please note that those who have experienced a recent loss to suicide may find attending this training very difficult and are cautioned against participating.

To register or for more information:
Contact: Yolisa Duley
Email: forlife@hawaii.edu

National Suicide Prevention Lifeline:
Call: 1-800-273-TALK (8255)
www.suicidepreventionline.org

For disability accommodation: Contact Yolisa at 932-7462 (V); 932-7002 (TTY); or email forlife@hawaii.edu by November 9, 2015.