

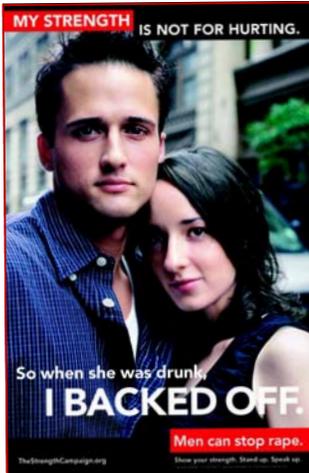
# MEN CAN STOP RAPE INC

CREATING CULTURES FREE FROM VIOLENCE

## Alcohol, Masculinity, & Rape

### INFORMATION SHEET

[www.MenCanStopRape.org](http://www.MenCanStopRape.org)



### What Anti-Rape Man Wants You to Know:

Henry Niemeyer, a mild-mannered children's book writer, became a superhero when he was looking for a restroom and stumbled upon a secret feminist laboratory, where a bizarre, unexplainable accident occurred that turned him into **ANTI-RAPE MAN**.

And so now, he's just an ordinary guy with superpowers to prevent sexual violence.

ANTI-RAPE MAN wants you to know...



### Alcohol & Traditional Masculinity Put Men & Women at Risk for Rape

In a study of 119 college campuses, one in 20 women reported being raped in college since the beginning of the school year, and nearly **three quarters of those** rapes happened when the victims were so **intoxicated** they were unable to consent or refuse. (Harvard School of Public Health Alcohol Study 2004)

When drinking, college men are likely to misjudge a woman's sexual interest, care less about her experience, and are less able to evaluate accurately whether consent has been obtained. (Abbey 2002)

Findings from a national study of young men reveal that traditional beliefs about manhood are associated with poor health behaviors, including drinking, drug use, and high-risk sexual activity. (Courtenay 1998)

### What Men Can Do to Prevent Rape

**Define your own manhood.** Consider whether the connection between manhood and alcohol plays a role in creating unhealthy behavior.

**Understand the ability to consent.** If a person is drunk or high and can't give consent, back off and wait until you both are ready to enthusiastically say yes.

**Talk it over.** Communication in sexual situations requires minds unclouded by alcohol. Create a space to speak honestly about sex. Listen to your partner, state your desires openly, and ask your partner questions if a situation seems unclear.

**Be a friend.** You've heard of designated drivers. Use the same principle to prevent rape. At a party where there is alcohol, designate one of your friends to keep an eye on alcohol intake and whether any other guys might be acting in ways that could lead to sexual violence.

Anti-Rape Man says  
**"SHOW YOUR STRENGTH.  
DRINK RESPONSIBLY"**



To learn how men can stop rape, go to [www.MenCanStopRape.org](http://www.MenCanStopRape.org)  
Learn more about our youth development programs, public education materials, and trainings for professionals.