



University of Hawai'i at Hilo – Four-Year Academic Plan 2015-2016
Colleges of Arts and Sciences
Bachelor of Arts (BA) in Kinesiology and Exercise Science
Kinesiology and Exercise Track (KESE)

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1	Year 2	Year 3	Year 4
Fall	Fall	Fall	Fall
ENG 100 (GE COMP) 3	GE WC II 3	GE HPP 3	WI Upper Elective 3
GE WC I 3	GE QUANT REASONING II 3	KES 260 or BIOL 243 3	KES Track Upper 3
GE QUANT REASONING I 3	KES 206 (GE NAT SCI) 3	KESE Track Upper 3	Upper Elective 3
GE HUM I 3	KES 207 3	KES Upper 3	Upper Elective 3
GE SOC SCI I 3	Elective 3	WI Elective 3	Upper Elective 3
Credits 15	Credits 15	Credits 15	Credits 15
Spring	Spring	Spring	Spring
GE LANG ARTS 3	GE NAT SCI + LAB 4	GE GCC Upper 3	KES Upper 3
GE SOC SCI II 3	WI Elective 3	KES 261 or BIOL 244 3	KES Activity 1
GE HUM II 3	KES 209 or MATH 121, PSY 213, SOC 280 3	KES Upper 3	Upper Elective 3
GE WC II 3	KESE Track 3	Upper Elective 3	Upper Elective 3
KES 202 3	Elective 3	Upper Elective 3	Upper Elective 3
KES Activity 1			
Credits 16	Credits 16	Credits 15	Credits 13
Summer	Summer	Summer	Summer
Credits 0	Credits 0	Credits 0	Credits 0
Total Credits 31	Total Credits 62	Total Credits 92	Total Credits 120

Notes:

- All courses in Group 2, Major Requirements, must be completed with a grade of "C-" or better except for two Activity Courses, BIOL 243, and BIOL 244
- An overall GPA of 2.0 in the major is required
- At least 45 credits must be earned at the 300 or 400 level.