



**University of Hawai'i at Hilo – Four-Year Academic Plan 2017-2018**  
**Colleges of Arts and Sciences**  
**Bachelor of Arts (BA) in Kinesiology and Exercise Science**  
**Kinesiology and Exercise Track (KESE)**

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
ENG 100 (GE COMP)	3	GE QUANT REASONING II	3	GE HPP	3	WI Upper Elective	3
GE WC I	3	KES 206 (GE NAT SCI)	3	KES 260 or BIOL 243	3	KES Track Upper	3
GE QUANT REASONING I	3	KES 207	3	KESE Track Upper	3	Upper Elective	3
GE HUM I	3	Elective	3	KES Upper	3	Upper Elective	3
GE SOC SCI I	3	Elective	3	WI Elective	3	Upper Elective	3
Credits	15	Credits	15	Credits	15	Credits	15
Spring		Spring		Spring		Spring	
GE LANG ARTS	3	GE NAT SCI + LAB	4	GE GCC Upper	3	KES Upper	3
GE SOC SCI II	3	WI Elective	3	KES 261 or BIOL 244	3	KES Activity	1
GE HUM II	3	KES 209 or MATH 121, PSY 213, SOC 2	3	KES Upper	3	Upper Elective	3
GE WC II	3	KESE Track	3	Upper Elective	3	Upper Elective	3
KES 202	3	Elective	3	Upper Elective	3	Upper Elective	3
KES Activity	1						
Credits	16	Credits	16	Credits	15	Credits	13
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
<b>Total Credits</b>	<b>31</b>	<b>Total Credits</b>	<b>62</b>	<b>Total Credits</b>	<b>92</b>	<b>Total Credits</b>	<b>120</b>

**Notes:**

- All courses in Group 2, Major Requirements, must be completed with a grade of "C-" or better except for two Activity Courses, BIOL 243, and BIOL 244
- An overall GPA of 2.0 in the major is required
- At least 45 credits must be earned at the 300 or 400 level.