



University of Hawai'i at Hilo – Four-Year Academic Plan 2019-2020

Colleges of Arts and Sciences

Bachelor of Arts (BA) in Kinesiology and Exercise Science

Kinesiology and Exercise Track (KESE)

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
ENG 100 (FW WRIT COM)	3	GQR: QUANT REASONING	3	GE HPP	3	WI Upper Elective	3
FGA, FGB or FGC: GLOBAL MULTICUL I	3	KES 206 (DB: BIO SCI)	3	KES 260 or BIOL 243	3	KESE Track Upper	3
FQ: QUANT REASONING	3	KES 207	3	KESE Track Upper	3	Upper Elective	3
DA, DH or DL: ARTS, HUM, LIT I	3	Elective	3	KES Upper	3	Upper Elective	3
DS: SOC SCI I	3	Elective	3	WI Elective	3	Upper Elective	3
Credits	15	Credits	15	Credits	15	Credits	15
Spring		Spring		Spring		Spring	
GL: LANG ARTS	3	DP: PHYS SCI	3	GE GCC Upper	3	KES Upper	3
DS: SOC SCI II	3	DY: SCI LABORATORY	1	KES 261 or BIOL 244	3	KES Activity	1
DA, DH or DL: ARTS, HUM, LIT II	3	WI Elective	3	KES Upper	3	Upper Elective	3
FGA, FGB or FGC: GLOBAL MULTICUL II	3	KES 209 or MATH 115, PSY 213, SOC 280*	3	Upper Elective	3	Upper Elective	3
KES 202	3	KESE Track	3	Upper Elective	3	Upper Elective	3
KES Activity	1	Elective	3				
Credits	16	Credits	16	Credits	15	Credits	13
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
Total Credits	31	Total Credits	62	Total Credits	92	Total Credits	120

Notes:

All courses in Group 2, Major Requirements, must be completed with a grade of "C-" or better except for two Activity Courses, BIOL 243, and BIOL 244

An overall GPA of 2.0 in the major is required

At least 45 credits must be earned at the 300 or 400 level.

*Math 115, PSY 213, and SOC 280 are certified as GQR