



**University of Hawai'i at Hilo – Four-Year Academic Plan 2018-2019**  
**Colleges of Arts and Sciences**  
**Bachelor of Arts (BA) in Kinesiology and Exercise Science**  
**Kinesiology and Exercise Track (KESE)**

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
ENG 100 (FW WRIT COM)	3	GQR: QUANT REASONING	3	GE HPP	3	WI Upper Elective	3
FGA, FGB or FGC: GLOBAL MULTICUL I	3	KES 206 (DB: BIO SCI)	3	KES 260 or BIOL 243	3	KES Track Upper	3
FQ: QUANT REASONING	3	KES 207	3	KESE Track Upper	3	Upper Elective	3
DA, DH or DL: ARTS, HUM, LIT I	3	Elective	3	KES Upper	3	Upper Elective	3
DS: SOC SCI I	3	Elective	3	WI Elective	3	Upper Elective	3
Credits	15	Credits	15	Credits	15	Credits	15
Spring		Spring		Spring		Spring	
GL: LANG ARTS	3	DP: PHYS SCI	3	GE GCC Upper	3	KES Upper	3
DS: SOC SCI II	3	DY: SCI LABORATORY	1	KES 261 or BIOL 244	3	KES Activity	1
DA, DH or DL: ARTS, HUM, LIT II	3	WI Elective	3	KES Upper	3	Upper Elective	3
FGA, FGB or FGC: GLOBAL MULTICUL II	3	KES 209 or MATH 121, PSY 213, SOC 280*	3	Upper Elective	3	Upper Elective	3
KES 202	3	KESE Track	3	Upper Elective	3	Upper Elective	3
KES Activity	1	Elective	3				
Credits	16	Credits	16	Credits	15	Credits	13
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits	0	Credits	0
<b>Total Credits</b>	<b>31</b>	<b>Total Credits</b>	<b>62</b>	<b>Total Credits</b>	<b>92</b>	<b>Total Credits</b>	<b>120</b>

**Notes:**

- All courses in Group 2, Major Requirements, must be completed with a grade of "C-" or better except for two Activity Courses, BIOL 243, and BIOL 244
- An overall GPA of 2.0 in the major is required
- At least 45 credits must be earned at the 300 or 400 level.
- \*Math 121, Psy 213, and Soc 280 are certified as QRB