Nurs 351 Professional Nursing Issues and Trends (WI) - 3cr (3hr)

**Semester:** Fall 2003  
**Faculty:** Cecilia Mukai, PhD, APRN, FNP-C  
**Place:** UCB 111  
**Phone:** 974-7761 or 974-7760 (secretary)  
**Email:** cmukai@hawaii.edu

**Placement:** 3rd year, 1st semester  
**Time:** Monday 9:30 – 12:15 pm  
**Office:** UCB 235  
**Office Hours:** M 1-3 pm, Wed 12-2 pm  
**website:** in www.hawaii.edu/webct

**Course Description**
Introduction of contemporary health reform issues and trends affecting the nursing profession. Overview of the history of nursing, significant national nursing studies, code of ethics, relationship of nursing theory to nursing practice and nursing research. Includes introduction to client care management.

**Course Objectives**
At the end of the course, the learner will be able to:

1. **As a Provider of Care**
   a. Describe concepts basic to professional nursing practice  
      Person, Environment, Health, Wellness, Altruism, Transcultural Nursing Care  
   b. Explain the nursing process as the basis for providing nursing care

2. **As a Provider of Care: Teacher Role**
   a. Recognize one’s own needs to learn about the nursing profession.  
   b. Describe important teaching-learning principles important to effective nursing care  
   c. Integrate concepts of cultural values and practices into nursing practice

3. **As a Provider of Care: Communicator Role**
   a. Differentiate between therapeutic and non-therapeutic communication methods used in nursing.  
   b. Recognize one’s own limitations and communication styles in developing nursing skills  
   d. Understand the phases of the helping relationship

4. **As a Manager of Care**
   a. Discuss the nurse’s role in developing organized plans of care using basic principles of time management  
   b. Discuss the role of the novice nurse in the health care delivery system  
   c. Recognize useful collaborative skills useful in providing comprehensive multi-disciplinary care.
5. **As a Participant Investigator**
   a. Develop a personal definition of the nurse-researcher
   b. Recognize that there is a special body of knowledge unique to nursing.
   c. Recognize the steps in the scientific method of inquiry useful to research.
   d. Participate in research studies, as available

6. **As a Member of the Profession**
   a. Recognize the characteristics of a profession and profession behavior
   b. Develop a personal definition of the self-directed learner
   c. Discuss the importance of fostering a commitment to life long learning
   d. Develop a personal nursing philosophy
   e. Develop individual accountability
   f. Discuss the use of professional standards and accountability in carrying out client care (i.e. ANA Code of Ethics, Hawai‘i Board of Nursing: Revised Statutes Chapter 457)
   g. Recognize the contribution of selected professional organizations (e.g. American Nurses Association; Transcultural Nursing Society, Sigma Theta Tau.)

7. **As a Promoter of Transcultural Caring**
   a. Discuss the important relationship between culture and health
   b. Provide examples of adaptations in client care in response to the client’s culture specific needs.

**Required Text**

**Reference Text (on library reserve)**

**Teaching/learning strategies:** Learning will be facilitated with the use of lectures, discussions, group-work, and interactive exercises. Web-based instructional tools and Internet resources will be used as well. Extensive writing will be used to facilitate the integration and consolidation of concepts learned. Reading assignments are given to help a student prepare for class and should be completed PRIOR to the class’s discussion of the topic. Pop quizzes may be conducted at the beginning of class throughout the semester. Points from the pop quiz will replace points for that study unit in the following scheduled Test.

**Writing Intensive (WI):** This course is designated Writing Intensive (WI) and can be used to fulfill the writing requirements for graduation at UH Hilo (see UH Hilo catalog for requirements). WI courses generally require approximately 16 pages of written work per semester. The emphasis of a WI course is on developing good writing skills and
fostering good writing as a communication tool. Frequent faculty feedback is expected. Students are expected to use the tutoring services of the Writing Center for help with writing requirements. At times, the instructor may direct students for specific help with their writing.

**Course Requirements:** Students are expected to attend all classes. Please notify the faculty member if you are not coming to class or clinical. Assigned readings need to be done before class.

**Evaluation Methods**

**I. Tests (multiple choice)**
- Test 1.............(Chapters 1,2, 5-8).................................................................1000 pts
  - Sept. 22, 2003
- Test 2.............(Chapters 3,4, 9-12)...............................................................1000 pts
  - Oct. 13, 2003
- Test 3.............(Chapters 13-18)........................................................................1000 pts
  - Nov. 3, 2003
- Test 4.............(Chapters 19-22, Wywiolowski pp. 52-88, 240-253)............... 1000 pts
  - Dec. 15, 2003

**II. Class Reaction Essays**............................................................................ 750 pts

**III. Presentations**.......................................................................................... 200 pts

**IV. Concept Papers:** Each student will write about their own perspectives of nursing and health care. This will be done with three thematically connected papers. The topics are:
- Nursing Perspective I: What Nursing Means to Me................... 500 pts
  - due Sept. 15, 2003
- Nursing Perspective II: A Current Health Issue ......................... 500 pts
  - due Oct. 20, 2003
- Nursing Perspective III: What’s New in Nursing/ Health Care ........ 500 pts
  - due Nov. 24, 2003

Outlines for 3 Papers......................................................................................... 300 pts

TOTAL..............................................................................................................6750 pts

**Evaluation Criteria**

**I. Tests**
- All tests will be by multiple-choice format and will be conducted via computer using the class website. Students must come at least 5 minutes before the designated time in order to log-in and be ready to test on time. An orientation session will be given
to familiarize the student with the computing facility. Any student who cannot take the test as scheduled MUST contact the instructor prior to the test time in order to be considered for special accommodation. A late voucher will be applied to alternative-time testing.

II. Class Reaction Essays

Written feedback will be used to describe the student’s reaction to each class’s assigned topic. Full credit will be given for essays submitted that adequately integrates the reading, class discussion and the student’s reaction. Absent students should still submit a reaction essay to the assigned reading. Reaction Essays are due by noon on the scheduled due date following the class. Students will submit their work in the class website. The following format should be used:

I) Major concepts from this week’s topic
II) Questions still remaining regarding the topic
III) Personal reflections on the topic

Essays should be entered into the Communications/ Email section of the web page. The Subject line MUST be entered as: first name, last name, Essay # (use same title as listed in the grading scheme). Essays must be submitted by 12 noon of the due date according to the schedule provided. Please be aware that each computer’s clock may be somewhat different. The time entered on your email will be the time assigned to your submission, therefore, give yourself adequate time for a “buffer” to the deadline.

III. Paper Outlines and Rewrites

Each Paper will have an outline submitted 2 weeks before the paper is due. This outline should conform to the following format:

1. Title
2. Introduction (thesis: what you are attempting to discuss)
3. Main Ideas
   i. Idea 1
      1. Supportive statements
   ii. Second Idea
      1. Supportive statements
   Etc.
4. Conclusion
5. References

IV. Concept Papers

1. Ability to organize ideas in a logical manner ........................................... 100 pt
2. Thesis developed with clear presentation of facts, issues and/or arguments ...................................................... 200 pt
3. Conclusion reflects the author’s reactions to the topic ..................... 50 pt
4. Mechanics (grammar, spelling, clarity,
3-4 typewritten/word processed double-spaced pages) 100 pt
5. Format: APA style, 3 References (must include 1 journal, no more than 1 textbook) 50 pt
Total 500 pt

Students must have their Concept Papers read and critiqued by a Study Group member, using the criteria above, prior to submitting to the instructor. The critique should be submitted along with the paper.

Students are allowed the option of rewriting a paper for 100 bonus points. This rewrite can be submitted at anytime before the Final Assignment Due Date.

V. Presentations (approx. 10 minutes)

1. Topic from Concept Paper presented in a clear and understandable manner 100 pt
2. Evidence of preparation 50 pt
3. Use of A-V tools (i.e. poster, handout, overhead) 50 pt
Total 200 pt

LATE VOUCHERS

A system of Late Vouchers will be used to allow students an opportunity to submit items late, without penalty. There are 2 Late Vouchers available to each student. If a student does not used any vouchers by the end of the semester, that student will be awarded 100 bonus points.

Directions: The learner may use a Late Voucher for any assignment, homework, or paper that was not completed by the deadline date. There is, though, an absolute date for late submissions. Any submission using a Late Voucher will be accepted no later than midnight, December 1. When submitting the late submission, in the Subject line, add: LATE VOUCHER # 1 (or 2) before it is submitted. Students who are unsure how to use the vouchers should contact the instructor.

Grading

6000 or higher A
5500 –5999 B
4750 – 5499 C
4000 – 4749 D
below 4000 F

Note: Nursing Students must pass all nursing courses with a C or better in order to progress in the program.
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<thead>
<tr>
<th>Date</th>
<th>Topics</th>
<th>Readings</th>
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<tr>
<td>Aug. 25</td>
<td>Orientation</td>
<td>Readings (from Chitty unless otherwise indicated)</td>
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<td>Self -Introductions: Values in Human Caring</td>
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<td>Sept. 1</td>
<td>Labor Day - HOLIDAY</td>
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<td>Sept. 8</td>
<td>History of Nursing</td>
<td>Chapter 1</td>
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<td>Nursing Education</td>
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<td>Nursing Today</td>
<td>Chapter 5</td>
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<td>Sept. 15</td>
<td>Defining Profession</td>
<td>Chapter 6</td>
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<td>Defining Nursing</td>
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<td>Professional Socialization</td>
<td>Chapter 8</td>
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<td><strong>PAPER #1 DUE</strong></td>
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<td>Sept. 22</td>
<td>Social Context of Nursing</td>
<td>Chapter 3</td>
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<td>Professional Associations</td>
<td>Chapter 4</td>
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<td>ANA Standards of Nursing Care/Code of Ethics</td>
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<td>Sept. 29</td>
<td>Philosophies of Nursing</td>
<td>Chapter 9</td>
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<td>Major Concepts in Nursing</td>
<td>Chapter 10</td>
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<td>Oct. 6</td>
<td>Theories of Nursing</td>
<td>Chapter 11</td>
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<td>Nursing Science and Research</td>
<td>Chapter 12</td>
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<td>Oct. 13</td>
<td>Health Care Delivery System</td>
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<td>Nursing Roles in Health Care</td>
<td>Chapter 14</td>
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<td><strong>TEST #2</strong></td>
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<td>Oct. 20</td>
<td>Critical Thinking and the Nursing Process</td>
<td>Chapter 15</td>
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<td>Financing Health Care</td>
<td>Chapter 16</td>
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<td><strong>PAPER #2 DUE</strong></td>
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<td>Oct. 27</td>
<td>Illness with Patients and Families</td>
<td>Chapter 17</td>
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<td>Communication and Collaboration</td>
<td>Chapter 18</td>
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<td>Nov. 3</td>
<td>Nursing Ethics</td>
<td>Chapter 19</td>
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<td>Legal Aspects of Nursing</td>
<td>Chapter 20</td>
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<td>Hawaii Board of Nursing Law: Chapter 457</td>
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<td><strong>TEST #3</strong></td>
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Nov. 10  Nursing Politics  Chapter 21  
Nursing's Future Challenges  Chapter 22  
(via web link)

Nov. 17  Managing Time Purposefully  
Developing Management Skills  Wywiolowski,  
pp.52-65,  
PAPER #3 DUE  pp. 68-78

Nov. 24  Identifying and Resolving Conflicts  
Managing your career  Wywiolowski,  
pp. 79-88  
pp. 240-253

Dec. 1  Presentations  FINAL ASSIGNMENTS DUE DATE

Dec. 8  Presentations

Dec. 15  TEST #4 (9:40-11:40 am)

Self-Directed Learner: As a self-directed learner, the responsibility of learning is on the student. The faculty is a facilitator of learning. Learning is viewed as a life-long endeavor. It is your responsibility to connect with a peer who will forward handouts and assignment reminders to you, if you are absent.

Assistance to those with special learning needs: Any student with a documented disability who would like to request accommodations should contact the University Disability Services Office at 933-0816 (V), 933-3334 (TTY), Campus Center Room 311, as early in the semester as possible.

Counseling Services: Counseling services are available to students who need additional support while attending the baccalaureate nursing program. Nursing faculty are available for advising with an intentional focus on preparation of nurse generalists. You are encouraged to align your career focus and full attention to the requirements needed to succeed in all of your nursing courses. Please do not hesitate to share your concerns to faculty who will maintain confidentiality. Any other concerns not in keeping with the mission of the program will be referred to the counselors at Student Services.

Writing Center Services: The UH Hilo Writing Center is located in the UH Hilo Mookini Library, 2nd floor, in the PC Lab. Generally student writing tutors are available on a first-come, first-serve basis. Plan accordingly for assistance well ahead of time prior to an assignment deadline if you expect to avail yourself of these services. Times and days of availability are available from the Center.

Syllabus: This syllabus is to be construed as a contract with the student with regard to
evaluation methods and grading scale. The class schedule may be subject to change.