

MA Program in Counseling Psychology
(Specialization: Clinical Mental Health Counseling)
Department of Psychology

Program Learning Outcomes

The purpose of the Master of Arts in Counseling Psychology program is to provide multicultural, student-centered, graduate training in clinical mental health counseling. The program is designed to train students to become knowledgeable, skillful, ethical counselors who will be able to help people in need of professional counseling services. For students who may wish to pursue a doctoral degree in psychology later, the program provides training in advanced statistics and research methodology. It also offers opportunities for students to gain research experience by participating in ongoing projects and/or by initiating their own research projects or a Master's Thesis. The program assigns a high priority to meeting the educational and personal needs of its students and is based on the scientist-practitioner model.

Those who complete the counselor training program will be able to:

- Use the knowledge and skills learned in the program to counsel clients from different ethnic, socio-economic, and educational backgrounds.
- Display a broad understanding of general counseling theory and practice, within a scientist-practitioner framework.
- Demonstrate a knowledge of the social, psychological, health, and economic problems that residents of Hawai'i face, along with the professional skills to help people cope with and manage these problems in the future.
- Acquire proficiency in understanding the existing research on mental health and clinical interventions as well as the limitations.