1. This course has helped me increase my tendency to be warm, friendly, & kind to other people:

2. This course has helped me increase my ability to listen empathetically to other people as they self-disclose their beliefs, values, feelings and experiences:
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3. This course has helped me increase my ability to honestly self-disclose to other people my beliefs, values, feelings and experiences when appropriate:

4. This course has helped me go beyond tightly holding-on to my first impressions of other people:
5. This course has helped me to see other human beings more as "persons" rather than as "objects":

![Bar Chart 1]

6. This course has helped deepen my respect for, and appreciation of, my fellow human beings:

![Bar Chart 2]
7. This course has helped deepen my appreciation of diverse people from locales, cultures, ethnicities and groups other than my own:

8. This course has helped me become more self-reflective, more self-aware:
9. This course has helped make me a more positive-thinking, optimistic human being:

10. This course has helped me realize the powers of interpersonal communication to build bonds: