

Emergency Evacuation Preparedness Ability Self-Assessment

Visual

- Yes No Will you be able to evacuate independently without relying on the Usual auditory cues (such as the hum of the copy machine near the stairs)? (These cues will be absent, if the electricity goes off or alarms are Blaring).
- Yes No Can you read the emergency signage in prints or Braille?
- Yes No Are there raised and Braille characters on signs that designate exits, direction to exits, information on exit routes, and floors designated by numbers or letters, including floor level designations provided in stairwells?
- Yes No Is there emergency lighting along the escape route that will automatically light, if electrical service is interrupted?
- Yes No If you wear contact lenses, what will you do if and when smoke, dust or fumes become painful or dangerous. Do you keep glasses with you?
- Yes No Can you use the two-way communication devices installed in the elevators and areas of refuge/rescue assistance?
- Yes No Have you instructed your personal support network in the best way to act as a “sighted guide” if needed?

Hearing

- Yes No Have you practiced having people communicate emergency in the elevators and areas of refuge/rescue assistance?
- Yes No Does the building have two-way communication devices installed in the elevators and areas of refuge/rescue assistance?
- Yes No Have you practiced using the two-way communication device in a non-Emergency to make sure the system works?
- Yes No Do you know the locations of text telephones or phones that have amplification?
- Yes No Do emergency alarm systems have audible and visible features (visual strobes)?
- Yes No If you are hard of hearing will you be able to hear over the sound of very Loud emergency alarms? How will you understand emergency information and directions that are typically given verbally? (Hearing aids amplify background noise, so the sound of the emergency alarms may interfere or drown out voice announcements). Instruct your support network to speak looking at you and repeat critical announcements.
- Yes No Will your hearing aids work if they get wet, for example from sprinklers?
- Yes No Are the newer displays (television monitors or scrolling text signs) available throughout your site? Will they work if the power goes out?
- Yes No Do you know all the display locations?
- Yes No Are portable devices (tactile/vibrating pagers) available for you to use?
- Yes No Do you keep with you a small flashlight handy to aid in seeing visual cues during an emergency?
- Yes No Have you determined how you will communicate with colleagues and Emergency personnel if there is no interpreter or if your hearing aid(s) are Not working?
- Yes No Do you carry with you paper and pens?
- Yes No Do you carry a pre-printed copy of key phrase messages with you such as
- Yes No "I use American Sign Language (ASL)," "I do not write read English Well."
"If you make announcements, I will need to have them written Simply or signed."

Deaf – Blind

- Yes No Do you have a personal support network? Since the usual alarms or flashing lights won't work, it is critical that you have a large personal support network.

Speech

- Yes No Have you determined how you will communicate with colleagues and Emergency personnel, if you do not have your usual communication Devices (augmentative communication device, word board, artificial Larynx)?
- Yes No Do you store copies of a word or letter board, paper and writing materials, Pre-printed messages and key phrases specific to an anticipated emergency, in your wallet, or purse?
- Yes No Does your Emergency Health Information Card explain the best method to Communicate with you (written notes, pointing to letters/words/pictures)?

Memory, Judgment, Learning And Related Information Processing

- Yes No Have you practiced how to communicate your needs?
- Yes No Have you anticipated the types of reactions you may have in an emergency And planned strategies for coping with these reactions? (There are a number of reactions that may occur or become more intense during an emergency. Such reactions include: confusion, thought processing and memory difficulties, agitation, paranoia, crying, fear, panic anxiety, and shaking. Think through the types of reactions, prepare your personal support network to assist you with these planned strategies).
- Yes No Does your Emergency Health Information explain the best method to assist you?