The Support Group for Students with Disabilities is for students with physical, learning, psychiatric, or other disabilities. The purpose is to meet with and support others who understand what it is like to navigate college life with a disability.

Discussion topics will be determined by group members and may include shared life experiences and topics such as:

- managing stress and workload
- discrimination and advocacy
- feeling alone and different
- friendships and relationships

Please contact Counseling Services at 932-7465 or emailelow@hawaii.edu with questions or to schedule an appointment to learn more.

All inquiries will be kept confidential.