Non-Traditional Student Support Group

Non-traditional students include individuals who are:

- Over the age of 25
- Living independently
- Caregiving loved ones...
- ...or raising children
- Attending college several years after high school
- Living off campus
- Working full-time
- Single parenting

Discussion topics will be determined by the group, and may include issues related to:

- Self-care
- Technology use
- Personal challenges
- Academic responsibility
- Community
- Course requirements
- Relationships
- Communication

If you would like to join the group or to learn more, please contact Kerith Edwards at kerithe@hawaii.edu or Call Counseling Services at (808) 932-7465

Sponsored by UH Hilo Counseling Services - A‘oa’o Pili Ola – Student Health and Wellness Programs

*For questions about disability access, please call UH Hilo Counseling Services