You are invited to attend a SafeTALK suicide prevention training

**When:** Friday December 1, 2017  
**Time:** 8:00 a.m. - 12:30 p.m.  
**Place:** UH Hilo, UCB 111

This training will prepare you to recognize and support a person with thoughts of suicide. You will become a SafeTALK-trained suicide alert helper with skills to move beyond the common tendency to dismiss or avoid suicide. You will learn how to identify a person with thoughts of suicide and how to properly connect the person to first aid and intervention resources.

Please register at the following link:  
[https://docs.google.com/forms/d/e/1FAIpQLScAUVjJZ_UqCyW_fc_RCMSEZ-Bjpw8Wufykm8rVwl7PyeCyg/viewform](https://docs.google.com/forms/d/e/1FAIpQLScAUVjJZ_UqCyW_fc_RCMSEZ-Bjpw8Wufykm8rVwl7PyeCyg/viewform)

For more information, please contact:  
Yolisa Duley Email: [hduley@hawaii.edu](mailto:hduley@hawaii.edu) or call: 932-7963 or  
Valerie Yamaki Email: [vyamaki@hawaii.edu](mailto:vyamaki@hawaii.edu) or call 932-7748

Please note that those who have experienced a recent loss to suicide may find attending this training very difficult and are cautioned against participating.

National Suicide Prevention Lifeline:  
Call: 1-800-273-TALK (8255)  
[www.suicidepreventionline.org](http://www.suicidepreventionline.org)

Crisis Text Line: Text “aloha” to 741-741

For Disability Accommodations, Contact: Valerie Yamaki,  
Email: [vyamaki@hawaii.edu](mailto:vyamaki@hawaii.edu) or call: 932-7748

(If you have experienced suicide attempts recently, not a good idea to take this class right now).