American Red Cross First Aid/CPR class-

This is a one day CPR Saturday- It is valid for 2 years and includes adult, child and infant certifications. Cost 40 Dollars. This is a great class to take to gain needed background knowledge and potential lifesaving skills. This is a one day class offered only for UH Hilo Students and SLC members. Class start at 9am and are held at the SLC. Cost 45 Dollars

- September 3rd
- October 1st
- November 5th

CPR/AED for Professional Rescuers and Healthcare Providers with First Aid

This is a class that is intended for students who are accepted and/or work in the Healthcare field. This class includes topics for Adult, Child and Infant skills, professional topics including Two Person CPR and use of a Bag-Valve Mask (BVM). This is a one day class offered only for UH Hilo Students and SLC members. Class start at 9am and are held at the SLC.

- Cost 55 Dollars
- September 4th
- October 2nd
- November 6th

Lifeguard Certification

This class includes the full 2 year American Red Cross Lifeguard Certification, First Aid/CPR for the Professional Rescuer. All certifications are for 2 years from certification date. There is a swim test to enter this class. The swim test may be taken at the SLC Pool anytime the pool is open!

There are three opportunities to become certified offered this semester. Each class starts Friday afternoon at 5pm at the Student Life Center, Saturday and Sunday will start at 8am. Students must attend all three, pass all exams and skills evaluations to earn certification. Cost 135 Dollars

- Option one for full certification class- September 9th, 10th, 11th
- Option two for full certification class- October 21st, 22nd, 23rd

For more information on the Red Cross classes or to sign up for a class please come to the Student Life Center or email Mackenzie at maustin@hawaii.edu