Classes for Fall 2015

American Red Cross First Aid/CPR class

This is a one day CPR Saturday- It is valid for 2 years and includes adult, child and infant certifications. Cost 40 Dollars. This is a great class to take to gain needed background knowledge and potential lifesaving skills. This is a one day class offered only for UH Hilo Students and SLC members. Class start at 9am and are held at the SLC. Cost 40 Dollars

- September 12th
- October 10th
- November 1st

CPR/AED for Professional Rescuers and Healthcare Providers with First Aid

This is a class that is intended for students who are accepted and/or work in the Healthcare field. This class includes topics for Adult, Child and Infant skills, professional topics including Two Person CPR and use of a Bag-Valve Mask (BVM). This is a one day class offered only for UH Hilo Students and SLC members. Class start at 9am and are held at the SLC. Cost 50 Dollars

- September 13th
- October 11th

Lifeguard Certification

This class includes the full 2 year American Red Cross Lifeguard Certification, First Aid/CPR for the Professional Rescuer. All certifications are for 2 years from certification date. There is a swim test to enter this class. The swim test may be taken at the SLC Pool anytime the pool is open!

There are three opportunities to become certified offered this semester. Each class starts Friday afternoon at 5pm at the Student Life Center, Saturday and Sunday will start at 8am. Students must attend all three, pass all exams and skills evaluations to earn certification. Cost 135 Dollars

Option one for full certification class- September 18th, 19th, 20th

Option two for full certification class- October 16th, 17th, 18th

Option three for full certification class- November 6th, 7th, 8th