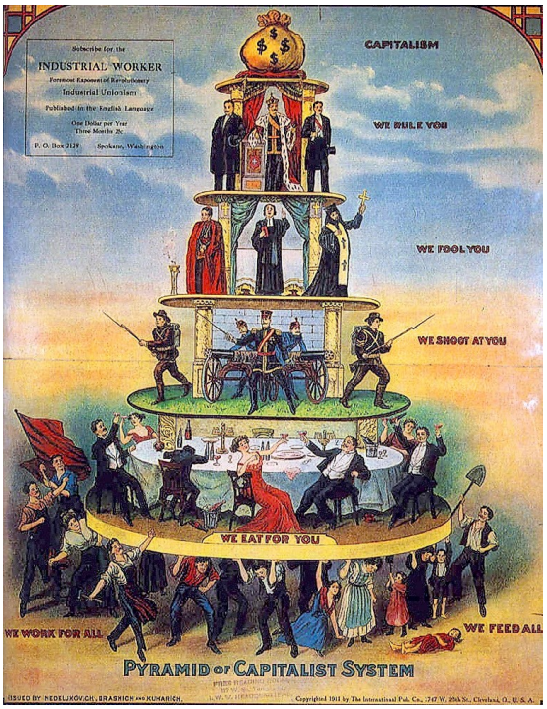
PRINCIPLES OF SOCIOLOGY
SOC100 - Spring 2026
Multiple Modalities



Learn about society and your community!

Sociology is the scientific study of social life. However, it is far from a simple set of concepts or groups of topics. Instead, Sociology is a powerful and enlightening way of viewing and understanding the world around us. It offers us a new way to make sense of the connections between individuals and society, along with perspectives on the impact of social forces on individual behavior. This course is intended to introduce you to sociology and to enrich your personal, academic, civic, and professional life.

Join us!

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Pre reqs: N/A

Credits: 3

Attributes: DS

Questions? Contact Ellen Meiser at emeiser@hawaii.edu!