Rural Upward Bound

CPSA Assignments

January 9, 2010

**All Grade Levels:**


2. Submit a copies of all PSAT, SAT, and/or ACT scores

3. Personal Essays & High School Resumes should already have been submitted. Keep updating regularly.

4. Visit college websites and complete information request forms.

**Freshmen and Sophomores and Juniors:**

1. SAT Online - Work through Lessons 1-18 and complete lesson quizzes (Deadline: February 12, 2010)

   - Complete Online Practice Test #2 (Deadline: February 22, 2010)

   - Complete Online Practice Test #3 (Deadline: March 13, 2010)

2. Career Research Essay (3-4 pages). Include the following: (Deadline: March 13, 2010)

   - Career Description

   - Job location

   - Pay Range

   - Job Outlook

   - Education Required

   - Why are you interested in this career?

   - What qualities must a person possess to be successful in this career? How does this career match with your qualities?

   - What do you think will be the toughest hurdle that you will have to overcome to attain the career of your choice? What do you plan to do to overcome this obstacle?
Juniors:

1. Register for the SAT Test at www.collegeboard.com (if you are in need of a fee waiver, see your PC)

<table>
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<tr>
<th>Test Date</th>
<th>Test Offered</th>
<th>Registration Deadline</th>
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<tr>
<td>March 13, 2010</td>
<td>SAT only</td>
<td>February 4, 2010</td>
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<tr>
<td>May 1, 2010</td>
<td>SAT &amp; Subject Tests</td>
<td>March 25, 2010</td>
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<td>June 5, 2010</td>
<td>SAT &amp; Subject Tests</td>
<td>April 29, 2010</td>
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2. SAT Online - see above

3. Career Research Essay - see above

4. Submit a list of 5 colleges you are interested in. Include the following for each college:
   - Deadline to apply
   - Admissions criteria
   - Cost of Attendance (including tuition, student fees, books)
   - Cost of Housing (on-campus and off-campus)
   - Student Population
   - Campus Location and Climate
   - 3 Pros and Cons about this institution
   - Do you meet the college admissions criteria? If not, what more do you need to do to be considered for acceptance?

5. Continue with your college and scholarship searches. Apply for scholarships that you are eligible for and submit decision letters when received.

6. Use the FAFSA 4 Caster at www.fafsa4caster.ed.gov to get an idea of your Expected Family Contribution (EFC) to help you financially plan for college.
Seniors:

1. Attend College Goal Sunday:

   January 24, 1:00pm @ UH-Hilo Campus Center Dining Hall, or
   January 31, 1:00pm @ Kealakehe High School Library

2. Apply for Financial Aid, using the Free Application for Federal Student Aid at www.fafsa.ed.gov by the 
   earliest priority deadline of the colleges you wish to attend.


4. Continue to apply for admissions into the colleges of your choice before the deadline. Submit 
   decision letters.

5. Continue to apply for scholarships before the deadline. Submit decision letters.

6. Request that high school transcripts be sent to both the Admissions and Financial Aid offices of the 
   colleges of your choice.

7. Contact all college Admissions and Financial Aid offices to ensure that they have received all required 
   documentation.