Aloha From Seattle
Mainland College Tour

The photo above presents the students that qualified to participate in the tour. The students are: Ruby Jane Acupan, Shanthally Alboro, Tiani Anang-Shimabukuro, Cody Baptista, Chance Barboza, Leinisha Baybayan, Pearl Dasalla, Zachary Everett, Donalyn Galdones, Jacqueline Ganiban, Sabrina Hanabaga, Samantha Hanabaga, Brian Higgins, Losaline Kauvaka, OtoOtakakala Kauvaka, Elizabeth Lorenzo, Raymond Lorenzo, Dianne Madamba, Roland Mits, Ana Marissa Pasion, Alyssa Patao, David Sellers, James Sellers, Aaries Sombrio, Santana Soria, Ryan Tagatac, Tee’naysha Yadao, Taryn Yokota.

Twenty-eight Upward Bound students from the Big Island, Lanai, and Maui were selected to participate in the Mainland College Tour of Washington and Oregon based on their academic achievement and performance and participation in the UB program. On March 17-23, 2008 students visited seven campuses in two states. They were able to experience a variety of universities and colleges – from rural to urban, from large to small, from private to public. Enrichment activities to several museums were also incorporated into the trip.

The cold weather and different culture were embraced by some and were shocking for others. All in all, the students had an awesome time on the Mainland College Tour. Knowing what is out there and gaining the information needed to get there are crucial steps on the road to a successful college career.
Exam Day: I Will Survive
Essential Test-Taking Tips

Try these strategies while you’re still in high school, and by the time you get to college, you’ll be a test-taking expert.

**Before the Test**

**Eat well.**
Studies show that you need good nutrition to concentrate and perform your best.

**Bring the right supplies.**
Bring your pencils, erasers, pens, rulers, compasses, calculators, or whatever else you’ll need on the test day.

**Review the whole test before you start.**
See how many sections and what types of questions are on the test. Consider how much time to allow for each section, basing your decision on the point value of each. You don’t want to spend too much time on a question that counts for only a few points.

**Jot down your first thoughts.**
Form your first look at the test, take quick notes on ideas you might forget. For example, you may want to outline your answers to written response and essay questions right away.

**During the Test**

**Read the directions.**
Never assume that you know what the directions say. For example, some questions may have more than one correct answer.

**Answer easy questions first.**
Answering easier questions may jog your memory about useful facts. You may also come across information that can help you with other questions.

**Answer every question.**
Unless there’s a penalty for wrong answers, it can’t hurt to guess.

**Ask questions.**
If a question isn’t clear, talk to your teacher. If that’s not possible, explain your answer in the margin.

**Identify key words.**
This will help you focus on the main idea of challenging questions.

**Rephrase difficult questions.**
To understand questions better, rewrite them in your own words, but be careful not to change the meaning.

**Organize your thoughts before you write.**
Spend some time organizing your responses to short-answer and essay questions. You’ll reduce the time you need to revise.

**Write neatly.**
Be sure you don’t lose points on answers the instructor can’t read.

**Use all of the time you’re given.**
If you finish early, don’t race out. Use the extra time to proofread and edit your answers.

**April Reminders**

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1</td>
<td>April Fool’s Day</td>
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<tr>
<td>12</td>
<td>MANDATORY CPSA (UB Testing) 9:00-3:00</td>
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<tr>
<td>19</td>
<td>MANDATORY CPSA (UB Testing) Makeup Session (Must provide own transportation) 9:00-3:00</td>
</tr>
<tr>
<td>24</td>
<td>College Fair &amp; Tour on Oahu</td>
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**CPSA**

- April 12, 2008
- May 10, 2008

**April Birthdays**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>2</td>
<td>Lei Kyna Ganiron</td>
</tr>
<tr>
<td>3</td>
<td>Joshua Martinez</td>
</tr>
<tr>
<td>8</td>
<td>Stacey Reed</td>
</tr>
<tr>
<td>20</td>
<td>Mana Canon</td>
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**FYI...**

**April 12, 2008** is a **MANDATORY CPSA**, but if you are not able to make it on that date for any reason, it is MANDATORY to attend the **April 19, 2008** CPSA Make-up Session for UB Testing, and you must provide your own transportation.

“**Education is a social process. Education is growth. Education is not a process for life, education is life itself.**”

- John Dewey
College Spotlight: Enhancing Your Education

*This month, we want to shine the light on the college experience, so take a look at some of the ways YOU can enhance your Freshman college experience through these educational opportunities.*

### How can you go above and beyond?

Seek the Honors Program advisors.

The UH Hilo Honors Program is designed to motivate, challenge, and enrich outstanding students in order to promote their intellectual curiosity, nurture their intellectual independence, and deepen their sense of scholarship. Honors students are outstanding in their desire for learning, demonstrated ability, and intellectual enthusiasm. To be admitted to the University Honors Program is a privilege reserved for those students whose intellectual capacities and motivation enable them to take advantage of the program’s unique learning opportunities, including specially designed interdisciplinary Honors General Education courses, enriched Honors sections of regularly scheduled courses, and small group or one-on-one tutorials with outstanding research and teaching faculty of the University. Neither a separate degree program nor a major, the program is a pathway designed to allow exceptional students to fulfill some General Education and academic major requirements in a unique community of scholars.

- Seek Leadership Development programs.
- Study Abroad.
- Discover Summer Learning opportunities.

### Participate in Co-Curricular Activities

**Student Organizations.** The University of Hawaii at Hilo offers a wide range of student-administered programs, activities and services to meet the social, educational, cultural, and recreational needs of the UH Hilo community. The major organizations providing this programming are the University of Hawaii at Hilo Student Association (UHHSA), Student Activities Council (SAC), and the Board of Student Publications (BOSP).

**Campus Clubs.** There are forty plus campus clubs that provide students with another avenue to participate in campus life. Clubs are formed around common interests that are related to academic, social, political, recreational, and philosophical interests of students. Student organizations and clubs provide opportunities for students to acquire leadership skills, interact with other people, and participate in recreational and academically related activities.

**UH-Hilo Performing Arts Center.** The Performing Arts Center program produces numerous plays and musicals during its year-round season. Productions include main stage productions, studio productions, improvisational theatre, and dance concerts. The Performing Arts Center presents a season of events that include dance, theatre, jazz, special events, and ethnic concerts.

**Intramural Sports.** Students may sign up for individual events or enlist their friends and classmates to compete as a team. Among the activities planned each year are volleyball, basketball, tennis, badminton, softball, billiards, golf, darts, archery, bowling and weight lifting. Students are provided with the opportunity to have fun while developing skills, interests, attitudes and knowledge in physical activities that contribute to a lifelong commitment to health and vitality.
Congratulations, Ryan!

Ryan Tagatac was ranked # 1 in his class at Lanai High School.